

Immediate
Theatre

EXPOSURE

2026

Still Here. Under Pressure.

You can speak. You can pass. You can stay.

The
Courtts
Foundation

 **LY** London
Youth

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hackney

DISCOVER
 young
hackney

 COMMUNITY
FUND

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rights
fund

Creative Note

Still Here: Under Pressure is a powerful new production created with and inspired by young people. Set within a youth wellbeing circle known as The Thursday Room, the play follows a group of young people navigating the pressures of modern life, from housing insecurity and social media anxiety to grief, family responsibilities, identity and belonging. Through honest storytelling, spoken word and moments of humour, **Still Here: Under Pressure** shines a light on the challenges young people face while celebrating their resilience, connection and determination to be heard. At its heart, it is a story about community, hope and what it means to remain standing when life feels overwhelming.

Over the past two weeks, our young people have worked tirelessly to bring this production to life. What you see on stage today is the result of countless hours of rehearsal, collaboration, creativity, and commitment. Beyond learning lines and developing scenes, they have supported one another, built meaningful connections, stepped outside their comfort zones, and grown in confidence.

As a creative team, we have been inspired not only by the quality of the work they have created, but by the personal growth we have witnessed throughout the process. We are immensely proud of everything they have achieved, both on and off the stage, and we hope **Still Here Under Pressure** encourages you to reflect on the invisible pressures we all carry and the strength it takes to keep showing up.

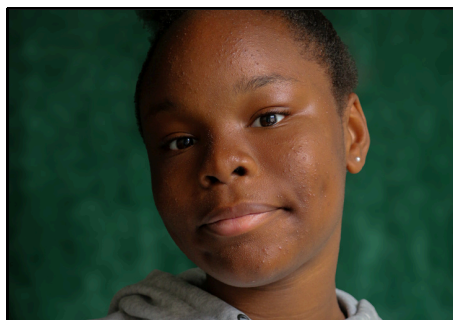
Enjoy the performance.

CAST



Alaine Daley Thompson
Tia

Alaine has performed at Hackney Empire, appeared in Don't Disappear in Silence, and showcased spoken word pieces through college. With experience in filmmaking, camera work, music video production and Immediate Theatre projects, they hope to study drama at university. Their strengths include leadership, teamwork, communication and confidence.



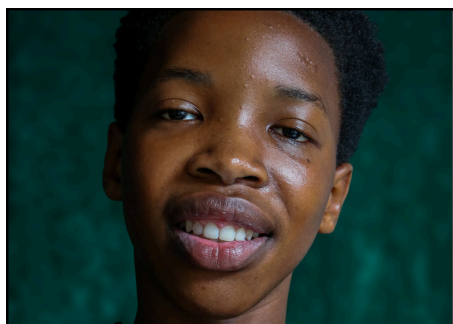
Amirah Ahmed
Vasmin

Amirah has taken part in four Immediate Theatre productions, including Under the Clock and Still Here: Under Pressure, as well as two estate-based youth theatre performances. While acting remains a valued hobby, they are exploring interests in football and swimming. Their strengths include acting, communication, teamwork and emotional performance.



Dalius Kapranovas
Mr Shah

Dalius recently participated in Immediate Theatre's Social Action project and is passionate about developing a future in acting. They aspire to work in film and theatre, attend drama school and support others through peer facilitation. Dalius is known as a supportive team player who encourages and uplifts those around them.



David Idowu
Julian and Coach Leon

David has performed in school productions, including The Lion King, and has auditioned with Theatre Peckham and Hackney Empire. Currently involved in Still Here: Under Pressure, they aim to build a professional acting career through training, representation and performance opportunities. Their strengths include resilience, versatility, teamwork and communication.



Ibrahim Sayid
Jamal

Ibrahim has experience performing leading roles in school productions and appearing before audiences of up to 750 people. Passionate about acting and modelling, they are determined to strengthen their performance skills and build a successful career. Ibrahim is highly committed, learns lines quickly and enjoys taking on diverse characters.



Israel Davis
Uncle Ben

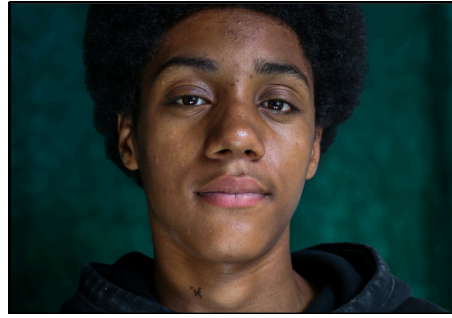
Israel has spent over five years performing with Immediate Theatre and has created devised theatre, short films and online content. Their experience includes scriptwriting, directing, filming and editing. They hope to attend drama school and pursue a professional acting career in film. Israel's strengths include creativity, observation and storytelling.



Jeremiah Francis

Mr Jade

Jeremiah has performed in Immediate Theatre productions including Under the Clock and Still Here: Under Pressure. Through these experiences, they have developed confidence and performance skills. Looking ahead, Jeremiah hopes to build work experience, secure employment and save for the future. Their strengths include drama, problem-solving and determination.



Joshua Francis

Jay and Mr Stone

Joshua has taken part in numerous Immediate Theatre and school productions and is a proud recipient of a Jack Petchey Award. They aspire to become a successful actor while using their achievements to support others. Joshua brings confidence, strong teamwork, adaptability and expressive performance skills to every production.



Kayden Hales

Kori

Kayden has performed with Odd Eyes Theatre and Immediate Theatre, appearing in projects including On the Lines, Don't Disappear in Silence and The Little Mermaid. They hope to continue acting on stage and screen while attending drama school. Their strengths include teamwork, organisation, improvisation and learning quickly.



Michael Ojo

Safa

Michael has appeared in Immediate Theatre productions including Echo and Narcissist, Don't Disappear in Silence and Still Here: Under Pressure. They hope to pursue a career as both an actor and comedian. Alongside performance, Michael enjoys drumming and basketball, bringing energy, creativity and commitment to their work.



Nevan Shah

Rae

Nevan has performed in school productions including Buggy Malone, The Pillowman and Peter Pan, alongside gaining experience through volunteering and work placements. They are interested in journalism and professional acting as future career paths. Nevan is recognised as a creative, resilient and patient team player.



Nicholas Myers

Dev

Nicholas is an emerging filmmaker and performer who has directed and filmed several short films while also acting in Immediate Theatre productions. They hope to study further before launching a media company specialising in post-production. Nicholas brings leadership, directing, photography and advanced digital editing skills to creative projects.



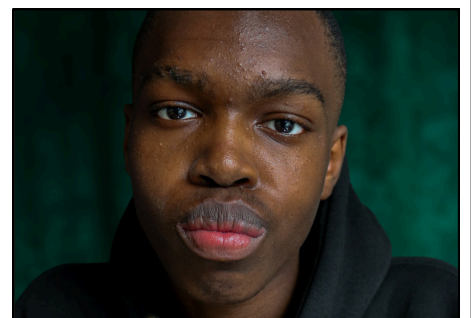
Nihat Boz
Creative Support

Nihat's performance journey began in drama club and school productions, where they gained confidence performing on stage. Inspired by friends and a growing passion for theatre, they are excited to continue acting and developing their craft. Nihat's strengths include emotional range, listening skills and bringing characters to life.



Princess Usman
Mali and Mum

Princess has an extensive performance background, appearing in Immediate Theatre projects and productions including Hadestown, Moulin Rouge, A Chorus Line and Psychosis 4.48. They aspire to work in film and theatre, attend drama school and support others through peer facilitation. Their strengths include teamwork, encouragement and leadership.



Raphael Ayodele
Tariq

Rafael has developed their performance experience through Drama GCSE studies, auditions, theatre visits and portfolio work. Inspired by film and theatre, they hope to take part in more productions with Immediate Theatre and at school. Rafael is adaptable, creative and a strong communicator who enjoys leading teams.



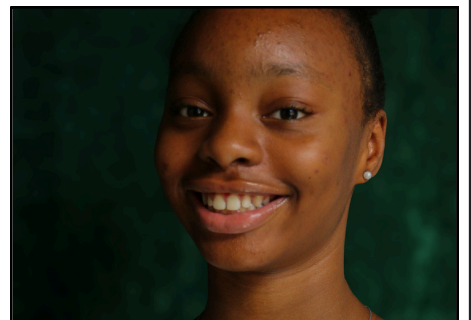
Samuel Akingbade
Creative Support

Samuel has built an impressive screen portfolio, appearing in several short films and a mockumentary series. With ambitions to become a professional actor, they are focused on gaining experience and recognition within the industry. Samuel is a dedicated team player, active listener and dancer who thrives in collaborative environments.



Temilola Akinboye
Aisha

Temilola has performed in numerous productions, including leading roles in The Lion King and more than ten Immediate Theatre performances. A recipient of the High Sheriff Award and Jack Petchey nominee, they aspire to become an actor and director. Their strengths include communication, initiative, teamwork and creativity.



Zainab Ahmed
Nina

Zainab has participated in school productions and Immediate Theatre performances including Under the Clock and Still Here: Under Pressure. They hope to continue acting alongside further education, with a particular interest in television and film. Zainab's strengths include communication, teamwork, adaptability and performing under pressure.

ABOUT IMMEDIATE THEATRE

Immediate Theatre is a Hackney based charity using theatre and creative practice to unlock potential and open doors for people too often excluded from mainstream opportunities. For the past 30 years we have been **sharing stories** that make lived experience visible, **shaping futures** by building confidence, skills and pathways into education and employment and helping create **healthy communities** through projects that bring people together, break down barriers and inspire wellbeing.

Objectives:

- To provide inspiring participatory arts programmes enabling people to reach their potential and prevent exclusion and social isolation
- To create performances which explore social issues, engage people in the process of change and influence decision making
- To improve health and wellbeing and increasing life skills and employability through engagement in the arts.

Support US

As a registered charity we rely on the donations of valued members of our community to support our work. Every donation, big or small, helps us cover the costs of productions, workshops, and community outreach programmes. Your generosity ensures that we can keep offering enriching experiences to people of all ages. [Donate now](#) and be a part of our journey.



IMMEDIATE THEATRE TEAM

Still Here Under Pressure Creative Team

Producer / Playwright
Director
Producer
Playwright
Movement Director
Artist
Creative Support
Creative Support

Charmain Humphrey
Hannah Drummond
Kyarna Morris
Gina Theodotou
Corine Meredith
Victoria Glistrides
Maxine Meah
Joel Gibbons

Event Support

Costume and Props
Catering

Scrap Project
Nahdees Limited

Immediate Theatre Team

Participation Manager
Pathways Manager
School Coordinator
Artistic Director
General Manager
Administrator
Marketing Officer
Peer Facilitator
Peer Facilitator
Peer Facilitator
Peer Facilitator
Peer Facilitator
Peer Facilitator
Peer Facilitator
Volunteer

Charmain Humphrey
Hannah Drummond
Kyarna Morris
Jo Carter
Suzy Smith
Ada Onyekwelu
Devere Mahbeir
Alaine Daley Thompson
Kayden Hales
Princess Usman
Dalius Kapranovas
Zainab Ahmed
Maxine Meah
Nicholas Myers
Joel Gibbons

Immediate Theatre

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